

# HIGHLIGHTS & TREASURES

APRIL  
EDITION

## École Debden Public School

### Principal's Message

As we transition from April to May, I'm thinking about beautiful spring temperatures, and how the end of the school year will quickly be upon us. We are down to two months left. Wowza!

Despite the challenges we've faced this school year, our staff and students continue to work hard at learning. We always encourage hard work and determination from our students in their pursuits. From engaging classroom discussions to innovative projects, enthusiasm for learning continues. May and June will be filled with more wonderful classroom experiences, meaningful ongoing and yearend assessments, and – with the arrival of the warmer weather – hopefully opportunities for outdoor learning. As we look ahead to May, I encourage everyone to stay focused and motivated. With the end of the school year approaching, let's continue to support each other and finish strong. Let's maintain a positive attitude; every effort contributes to our collective success.

I would like to express my sincere appreciation to our staff for their unwavering commitment to providing a supportive learning environment. Their dedication cannot go unnoticed. Thank you.

Thank you, parents and caregivers, for valuing our school and education. As always, please reach out to your child(ren)'s teachers when you have questions or comments regarding their education or well-being. You are appreciated and valued.

If you have any other comments, questions, or concerns, please feel free to contact me at the school – (306) 724-2181, [cschwehr@srsd119.ca](mailto:cschwehr@srsd119.ca).

Happy May!  
Mrs. Corrine Schwehr



## POSTERS

Legion Poster Winners:		
Level & Style	Place	Student
K-3 Black & White	1st	Madison Isbister
	2nd	Jessa Kjerstad
	3rd	Cole Grimard
	4th	Kai Constant
K-3 Color	1st	Joseph Montgrant
	2nd	Lena Chambers
	3rd	Gunnar O'Connell
	4th	Aria Kjerstad
Junior Black & White	1st	Winter Benjamin
	2nd	Zoey Rabbitskin
	3rd	Khyris Gobert
	4th	Shawn Cardinal
Junior Color	1st	Aiden Witchekan
	2nd	Levi Jonasson
	3rd	Rylee Page
	4th	Aurora Tootoosis

Legion Poster Winners:		
Level & Style	Place	Student
Intermediate Black & White	1st	Carter Lafond
	2nd	Theron Jonasson
	3rd	Micah Fiddler
	4th	Zander Fast
Intermediate Color	1st	Allie BAiley
	2nd	Merris Lehouillier
	3rd	Danika Boisvert-Shynkaruk
	4th	Kally Bick
Senior Black & White	1st	Peyton Turner
	2nd	Avery Cyr
	3rd	Jersey Lamotte
	4th	Isabel Fiddler
Senior Color	1st	Hayden Peterson
	2nd	Serena Watier
	3rd	Kade Bailey
	4th	Hannah Collins



**great  
work!**

## POEMS

Legion Poem Winners:		
Level & Style	Place	Student
Senior	1st	Hayden Peterson
	2nd	Hannah Collins
	3rd	Roan Amundson
	4th	Kade Bailey
4/5/6 French	1st	Rylee Molzan
	2nd	Ashlyn Anderson
	3rd	Alyssa Lehouillier
	4th	Alix Vaadeland

Legion Poem Winners:		
Level & Style	Place	Student
Primary	1st	Thomas Poirier
	2nd	Cole Grimard
	3rd	Kassidy Vaadeland
	4th	Jessa Kjerstad
Junior	1st	Aurora Tootoosis
	2nd	Rylee Page
	3rd	Emma Isbister
	4th	Shawn Cardinal
Intermediate	1st	Emily Eversen
	2nd	Miera Naytowhow
	3rd	Danika Boisvert-Shynkaruk
	4th	Taejah Gobert

Although the badminton season was a bit of a bust, we were at least able to hold our final tournament on April 24 in Canwood. Athletes from Debden, Canwood, Big River and Shellbrook played a round robin followed by a playoff between the top four teams. In the end, we had several teams that medaled, and we almost took home the team banner finishing only two points behind Shellbrook.

Our medal winners were:

- Tallyn Bilodeau - 1st place Boys Singles
- Merris Lehouillier & Allie Bailey - 2nd place Girls Doubles
- Dyllan Little - 3rd place Girls Singles
- Taejah Gobert & Theo Sanders - 3rd place Mixed Doubles
- Noah Poirier & Theron Jonasson - 3rd place Boys Doubles
- Winston DeBruijin & Micah Fiddler - Finished tied 4th in the round robin, and should have went to the finals, but there was an error made on the tie-breaker.



A big shout-out to all our athletes who participated in the tournament and the season play for their good behavior and sportsmanship, you made us proud.

Mr. Tetreault & Mrs. Person

# BADMINTON

I am Mr. C and new to Debden Public School. My pleasure and responsibility are (to work is a wrong choice) to create positive relationships with and purposeful experiences for the students, our future bright minds. Just as to know more about me, one of my huge passions is sport, physical activity, and physical education which in one way means health, physically and mentally. So...I had the chance to coach Sr. Badminton quite recently. I was pleasantly surprised about the participants' attitude and potential. Even though we were a quite young team (only grade 9 and 10 students), they gave their very best, all of them. Every serve, every reply, every point was fully played. We had a Winning Mentality where every student gave the best possible of his or her capacity at that moment. Hmm... They give me hope and energy as I strongly believe that with the right guidance, a lot of work, and the same attitude/mentality, in the next years we can perform exponentially better.

-Mr. C  
Senior Badminton Coach



**Senior Badminton Team:**  
Backrow L-R: Mr. Corduban, Jaxon Demers, Alex Poirier, Ben Lehouillier & Roan Amundson  
Front row L-R: Brielle Amundson, Raef DeBruijn & Kade Bailey. Missing: Mason Dumais





# WHAT THE RESEARCH SAYS ABOUT SCREENS



Children as young as 2 years old have their own tablets. The average age of a child getting a smartphone is now 10.3 years old.

Today's youth have online learning, internet-based supplemental activities, learning apps, and screen-based reading on phones and tablets. "Play" is often screen-based: interactive video games with friends, gaming apps, messaging, and videos is done for entertainment. Children and families are tied to devices to manage the home and activity schedules and to communicate with coworkers, friends, family, teachers, and coaches.

## THE WAR ON OUR YOUTH



**Poor achievement of developmental milestones in communication, motor skills, problem solving, and social skills.**



**Executive functioning and social skills connection- more distracted, less emotional stability, difficulty making friends and inability to finish tasks.**



**Higher likelihood of inadequate sleep.**



**Premature cortical thinning of the brain.**



**Lower scores on thinking and language tests.**



**Increased depression symptoms, suicide-related outcomes, and suicide rates.**

## BENEATH THE SURFACE IN THE DIGITAL AGE:



Impact on physical health  
Behavior Issues  
Poor posture  
Poor core strength  
Poor fine motor skills  
Increased frustration  
Impulsivity  
Moodiness  
Poor ability to handle stress

Poor endurance  
Mental health issues  
Impact on emotional health  
Decreased attention  
Decreased cognitive skills  
Overactive brain  
Poor ability to transition  
Addiction "state of being"  
Less self-control

For more information: [www.theotttoolbox.com/symptoms-of-too-much-screen-time/](http://www.theotttoolbox.com/symptoms-of-too-much-screen-time/)

## Teacher Candidates



We are fortunate to have two University of Saskatchewan Teacher Candidates ("Student Teachers") who have been placed in our school for two weeks in April/May. Miss Carmen Toma is working primarily with Madame Eversen from April 29 - May 10. Miss Cassidy Mitchell is working primarily with Madame Poirier. They may work in other classrooms as well. Welcome Miss Toma and Miss Mitchell!



# HANDBOOK HIGHLIGHT

Each month in the Highlights and Treasures, we highlight something from our school handbook. This month we are focusing on Graduation Eligibility.

## GRADUATION ELIGIBILITY

Graduation eligibility is based on credit requirements set out by the Saskatchewan Ministry of Education. Taking part in the graduation ceremony is a privilege that will be awarded to those grade twelve students who meet the criteria.

- To be eligible to take part in the graduation ceremony: the number of completed credits + the number of credits enrolled in = 24 (or more). Students must be passing the classes they are enrolled in that are required to reach the minimum 24 credits. Each student must have completed, or be enrolled in, all compulsory classes.

Eole Debden Public School reserves the right to allow a student to graduate with an honorary graduation certificate due to exceptional circumstances.

Meeting the 24 credit requirement DOES NOT mean the student meets the necessary requirements to get into the post-secondary institute/program of his/her choice. Please review applicable institute/program requirements to ensure the appropriate course selection is being made at the 10/11, 20/21, 30/31 levels.



## Upcoming Event

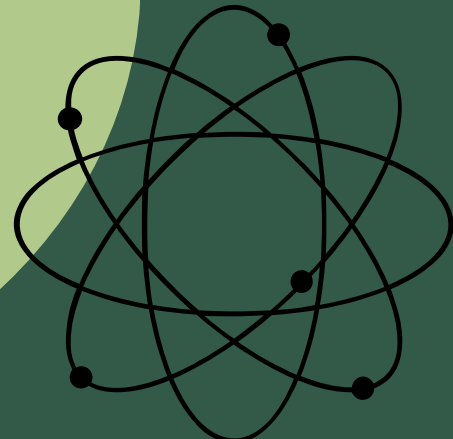
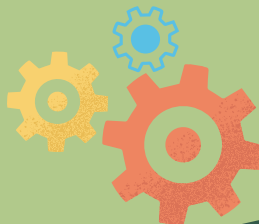
# SCIENCE FAIR

**Who:** K-8 classes



**What:** Science Fair

**Where:** Homeroom classes

**When:** May 9th -Open to the public  
from 2:20 p.m. - 3:20p.m.



# MAY

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2 K	3	4	5
		BBQ chicken pita with caesar salad	Bacon & egg sandwich	<b>LAUREL, OUR SCHOOL COUNSELOR, IS HERE ON THURSDAYS.</b>		
6	7 K 	8 	9 K <b>SCIENCE FAIR</b> Specialty chicken bacon pizza	10 K	11	12
13	14 K	15	16 K	17	18	19
Victoria Day No classes	21 K	22	23 K	24 K	25	26
				K-8 Local Track & Field		
27	28 K	29	30 K	31		
<b>Gr. 11 Outdoor Ed. Trip May 28-31 (Tentative)</b>						

